

The basic steps of shaving with a non-electric razor are:

1. Gather necessary supplies which include:
  - A razor. Two or more may be needed to shave a pair of legs.
  - Shaving cream.
  - Aftershave lotion if desired.
  - A towel.
  - A mirror. This can be used for a face shave, not legs or underarms.
  - Disposable gloves for yourself if you are helping a person to do this.
2. Wash your hands and put on disposable gloves.
3. Wet the area to be shaved with warm, soapy water.
4. Apply shaving cream or lather the area with soap, whichever the person prefers. Note: Some people may have allergies to certain shaving products so be sure to ask before using a product.
5. With one hand, hold skin of area to be shaved so it is taut. This will provide a cleaner shave with less chance of cutting the skin.
6. Place the razor gently on the skin. Move in the direction that the hair grows. This is typically downward. Gently shave one stroke.
7. Rinse the razor under clean, warm water to remove hair and shaving cream from the razor.
8. Apply the razor again and shave another section.
9. Rinse the razor and repeat gentle shaving strokes until fully shaven.
10. Use shorter strokes around delicate or difficult areas such as the chin, lips, ankles, knees, and any moles or blemishes.
11. When the whole area has been shaved, rinse off the remaining shaving cream. Gently dry the skin.
12. Inspect for any areas that have been missed or areas that may have been cut.
13. If an area has been missed, reapply shaving cream to that area and shave it clean.
14. If an area has been cut, use a piece of tissue to stop the blood. Throw this in the garbage once bleeding has stopped. Follow the protocols of your employer for reporting injuries if this happens.
15. Apply aftershave or skin lotion if the person desires.
16. Thoroughly clean and rinse all shaving supplies. Dispose of used razors in the garbage.
17. Remove and dispose of gloves.